## TRAINING SCHEMATIC

- 1. (S/NOFORN) Introduction to Psychic Behavior and the Remote Viewing (RV) Process.
  - a. (U) 8 12 weeks in duration.
  - b. (U) Done at Detachment G.
  - c. (S/NOFORN) Includes:
  - (1) Concept\* Orientation (reading and group discussions.)
- (2) Understanding perceptual modes (reading, group discussions, and practical exercises.)
  - (3) Expanding perceptual modes (practical exercises.)
  - (4) Remote Viewing local targets (Practical exercises.)
  - (5) Understanding  ${}^{h}RV^{h}{}^{h}$ noise (reading and group discussions.)
- (6) Reduction and elimination of RV "noise" (individual counseling and practical exercises.)
  - (7) Introduction to Coordinate Remote Viewing (CRV).
- (8) Communication and reporting of RV data (group discussions, individual counseling and practical exercises.)
- 2. (S/NOFORN) SRI International CRV Training.
  - a. (U) 3 12 months in length.
  - b. (U) Done at SRI-International, Menlo Park, CA.
  - c. (S/NOFORN) Includes:
  - (1) Recognition and decoding of target gestalts.
  - (2) Acceptance of sensory signals of target.
  - (3) Achieving mobility within target signals.
  - (4) Recognition and decoding minor signals while sustaining major gestalts.

\*Denotes continuing process not limited to one phase of training.

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- (5) Decoding special characteristics of target.
- (6) Analytical recognition and decoding of non-physical aspects of the target.
  - (7) Total perceptual identity with target.
- 3. (S/NOFORN) Preparation for Operational Remote Viewing.
  - a. (U) 4 12 weeks in duration.
  - b. (U) Done at Detachment G.
  - c. (S/NOFORN) Includes:
  - (1) Remote Viewing alternate time windows (practical exercise.)
  - (2) Target cuing with photographs (practical exercise.)
  - (3) Future RV and event prediction (practical exercise.)
  - (4) Target cuing with sealed envelopes (practical exercise.)
  - (5) Search problems (practical exercise.)
  - (6) HUMINT Assessments (practical exercise.)
  - (7) Predictive collection targeting (practical exercise.)
  - (8) Past event reporting (practical exercise.)
- 4. (U) Operational employment.
- 5. (U) Advanced Individual Training.
  - a. (U) 2 4 years in duration.
  - b. (U) Done at Detachment G and designated organizations.
  - c. (S/NOFORN) Includes:
- (1) Identification of individual PSI Conducive States of Awareness (testing and practical exercise.)
- (2) Autogenic Control of PSI Conducive States (Biofeedback, Monroe Training, and Practical exercise.)
  - (3) Gansfield environment RV (practical exercise.)

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- (4) Reduction of neuromuscular "noise" (biofeedback, Jacobson Relaxation training, Monroe training, practical exercise.)
- (5) Advanced relaxation/concentration (Monroe training and practical exercise.)
- (6) Mastering production of mental imagery (Monroe training, guided imagery exercises, and practical exercises.)
- 6. (S/NOFORN) PK Training.
  - a. (U) 12 18 months in duration.
  - b. (U) Done at Detachment G and other designated organizations.
  - c. (S/NOFORN) Includes:
  - (1) Manipulation of low level biolife forms (Virus.)
  - (2) Manipulation of mid level biolife forms (Plants.)
  - (3) Manipulation of high level biolife forms (Humans.)
  - (4) Manipulation of electromagnetic energies (Computers.)
  - (5) Manipulation of photo energies (Lasers.)
  - (6) Manipulation of atomic energies (Bohems forces.)
  - (7) Remote PK.
  - (8) PK in alternate time windows.
- 7. (U) Advanced Concepts Training.

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